



PACIFIC COAST
FARMERS' MARKET
ASSOCIATION

BLUEBERRY LEMONADE WITH MINT



A refreshing way to use spring blueberries.



00 HR 20 MINS



Serves 4



Featuring

[Triple Delight Blueberries](#)
[Alpine Blue](#)

INGREDIENTS

- 2 cups blueberries (plus a handful of frozen for garnish)
- 1 mint sprig (plus 4 more for garnish)
- 1/4 cup honey
- 1/2 cup lemon juice (juice from 3-4 small lemons)
- 3 cups water (or sparkling water)
- A generous pinch of salt

METHOD

Muddle berries, honey, salt, and mint until all the blueberries are squashed. Scrape the mixture through a fine-mesh strainer with a rubber spatula, leaving only the skins and mint sprig. Be sure to scrape the underside of the strainer.

Combine the blueberry juice mixture, lemon juice, and water and stir. Serve over ice and garnish with a mint sprig and some frozen blueberries in each of four glasses. For an adult beverage, add 1 jigger of gin per glass.