



PACIFIC COAST  
FARMERS' MARKET  
ASSOCIATION

## AVOCADO TOAST WITH RADISHES



Easy, delicious, and healthy - what more could you ask for!



00 HR 20 MINS



Serves 4



Featuring

[PRITI AND RAMAVTAR  
SINGH FARM](#)

## INGREDIENTS

- 1 ripe avocado
- 1 lime
- 1 bunch of radishes
- 4 slices of bread
- 1/2 green onion top
- Salt and pepper

## METHOD

Slice around the avocado and separate in half longways.

Carefully remove the pit with a spoon. Once the pit is removed either save it to lengthen the life of your avocado mash, throw it in your compost, or grow your own avocado tree!

To separate the avocado flesh from the skin, slip a spoon between the avocado skin and the flesh and follow the skin's shape until the green

flesh comes free of the skin.

Put the avocado in a bowl and mash with a fork.

When it is mostly smashed, or mashed enough to your liking, add 1/2 teaspoon salt, and the juice of 1/2 a lime. Mix well to incorporate.

Toast slices of bread and spread the avocado mash on top.

Although the recipe calls for 4 pieces of toast, the slices of bread you need depend on the size of your bread and the size of your avocado. Start by toasting 2 pieces of bread, and use as much avocado mash as looks delicious and easy to eat!

If you have more avocado mash, you can always make more toast!