



PACIFIC COAST
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ASSOCIATION

PCFMA.ORG

STRAWBERRY CHARD SALAD



A sweet and easy salad, great for a quick refreshing starter.



00 HR 15 MINS



Serves 4



INGREDIENTS

- 1 bunch rainbow chard
- 1 pint strawberries

Dressing:

1/2 cup strawberries
2 tablespoons strawberry jam
2 tablespoon olive oil (use less oil to start with and add more if the mix seems too chunky)
1 tablespoon dried basil
1/2 cup fresh parsley
Few dried or fresh basil leaves
2 tablespoon vinegar

METHOD

Wash and chop the chard (Please eat the stems! They're not only pretty but yummy). Remove stems and slice strawberries. Blend or use a food processor to mix dressing ingredients until desired consistency. Drizzle dressing over salad and serve.