



PACIFIC COAST
FARMERS' MARKET
ASSOCIATION

PCFMA.ORG

SOUR CANDIED CITRUS PEELS



Tangy, tart, and tasty all rolled into one sweet treat! Use as a snack, in bread, or in salads.



02 HR 00 MINS



Serves 6 to 8



Featuring

[Ken's Top Notch](#)
[Allard Farms](#)
[Lujan Farm](#)
[Kashiwase Farm](#)

INGREDIENTS

- 4 large oranges, 3 grapefruit, 6 lemons or limes, halved through stem ends
- 3 cups sugar, divided
- 8-10 tablespoons lemon juice

METHOD

Tear out flesh from orange halves, careful not to create holes in peels. It's okay if you can't remove all of the pith. Save flesh for another use; cut peels into $\frac{1}{4}$ inch strips.

Bring orange peels and 4 cups water to a boil in a large saucepan and cook 5 minutes. Drain and return peels to pan. Repeat process twice more, using fresh water each time. Return peels to pan; add 2 cups sugar and 2 cups water. Bring to a boil and cook until peels are soft, translucent, and vibrant looking, 30–40 minutes (about 10 minutes longer for grapefruit, or 10 minutes less for lemons or limes).

Drain and transfer peels to a wire rack set inside a rimmed baking sheet; chill until cool, about 15 minutes.

Whisk lemon juice and remaining 1 cup sugar in a medium bowl. Add peels; toss to coat. Return to rack; let sit at room temperature 1 hour. Toss peels again in sugar mixture. Return to rack; let sit 4–12 hours to dry out.

Do Ahead: Citrus peels can be candied 1 month ahead. Store airtight at room temperature.